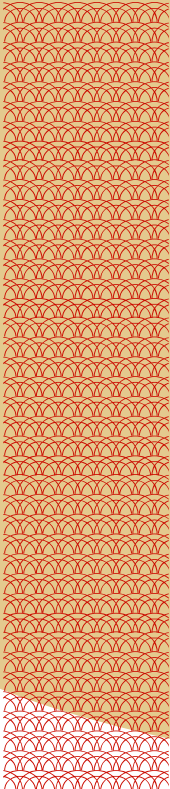




# centering prayer intensive retreat

Presented by  
Contemplative Outreach of  
Sacramento/Stockton Area

January 26 - February 2, 2018  
*8-Day Silent Retreat*



Come taste the silence of prayer with other contemplative companions and rest in the stillness, away from the busyness of daily life, and allow the mind, body, and spirit to surrender to God's presence and action within.

The retreat offers two tracks simultaneously. You choose the track that works best for you. The Intensive Retreat track will include 3 sets of 3-20 minute periods of Centering Prayer daily, with an in-depth look at

the prayer practice and the Spiritual Journey, using talks given by Fr. Thomas Keating for these retreats. The Post Intensive Retreat track (*normally for those who have previously participated in one or more Intensive Retreats*) will have additional time for Centering Prayer and no group educational time.

Between the opening and closing, we will be in silence. A daily contemplative Eucharist will be offered, as well as optional individual meetings with the staff.

The retreat will be facilitated by **Susan Turpin, Marty Badgett, and Fr. Bill Sheehan, OMI**. Susan, Marty, and Fr. Bill have served within the Contemplative Outreach network for many years and led many Centering Prayer retreats and workshops.

An established practice of Centering Prayer for six months or longer is strongly suggested.

Retreat begins Friday, January 26th with registration from 3:00 to 6:00; dinner @ 6:15; ends Friday, February 2nd after lunch.

For more information, contact Susan Turpin at 209-565-0657 or email at [slturpin@me.com](mailto:slturpin@me.com) or Marty Badgett at 650-862-5451 or email at [mbadgettexas@gmail.com](mailto:mbadgettexas@gmail.com).

## REGISTRATION FORM

8-Day Silent Centering Prayer Retreat - January 26 - February 2, 2018

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Credit Card \_\_\_\_\_  
\_\_\_\_\_ Visa \_\_\_\_\_ MC Exp \_\_\_\_\_

\$525 resident (\$75 non-refundable deposit required)



Mercy Center Auburn • 535 Sacramento Street • Auburn, CA 95603 • 530-887-2019

or register online at [www.mercycenter.org](http://www.mercycenter.org)